

About GuardDog Wrestling

We provide student athletes a place to workout, improve their skills, and take advantage of our vast wrestling experience.

Be a part of something special and help us grow the sport of wrestling in Arkansas.

My wife and I moved to Greenbrier 15 years ago and raised our children here. Our son joined the wrestling team in 9th grade and I started coaching the next year. Our children are now grown and in college and we continue to love and support the wrestling community. We wanted to stay involved.

We decided to open GuardDog Wrestling and Athletic Club, unaffiliated with any school program, to allow us to reach younger athletes and provide personalized instruction for Jr. High and High School student athletes.



"Scrubs to Studs!"

Learn from experienced coach who started wrestling in North Central Illinois at age 6 (40+ years ago)

6 years Assistant Coach at Greenbrier High School

Including 2 State Championship teams and 3 Dual-State Championship teams, and 7 State Champions

Many of our wrestlers started with zero experience

Open to all athletes interested in improving their wrestling skills or overall athleticism

Special classes for cross-over football athletes (Improving balance, leverage, hand-fighting, footwork, agility, discipline, and conditioning)

Constant Motion

Join our wrestling family...

* Ages 6 and up.



"Football players should wrestle to better themselves for competition. Wrestling will enhance their agility, balance, quickness, strength, and flexibility. It enhances a wide range of muscular movements, not traditionally focused on during football practice. Wrestling will help you become a more physical and well-rounded competitor on the field."

~ Rick Magsamen, IL HS Football Coach, 10 State Championship appearances with 5 State Championships

